



Unlocking Your Vision

Cold Nose Facts

Dogs are truly amazing creatures! Here are a few anatomy and health facts about our four-legged friends that might surprise you: **Enjoy!!**

- § Sweat glands in dogs are between their paw pads. (No wonder I don't know when they're sweating. I do know that when the sidewalk is too hot for my feet that it is also too hot for their delicate paws. You don't want to take your dogs walking on concrete, asphalt, or dirt that's too hot. Find some cool grass, either in your yard or at a nearby park, that they can run and play on and keep their paws cool.)
- § Dogs are left or right 'handed,' just as humans are. (My golden, Daisy, always shakes my hand with her right paw. She also uses her right paw when she is gently pawing one of our cats, Prissy. It looks like Daisy is petting Prissy. Really cute!)
- § A dog's normal body temperature is between 100.5 to 102.5 degrees Fahrenheit. (I've heard this information before but I don't think I have ever asked why that is. Does anyone know – I'd love your feedback.)
- § Dogs trained to guide the blind cannot tell a red light from a green one. They watch the traffic flow to tell when it is safe to cross. (Wow, animals continue to amaze me, not only with their unconditional love, but with their intelligence as well. They have tremendous instincts/intuition. It would be wonderful if we would practice tuning into our intuition more often.

- § One of the top canine health problems in the U.S. is overweight dogs. (Yes, I have been concerned with Angel's extra weight. She's 12 yrs old and isn't quite as active. Our younger golden will still get her moving occasionally and they have a lot of fun playing. I know it is a real issue to be concerned about if we want our four-legged friends to live longer. Take the time to check into how much exercise they need for their age and the amount of food to give them. I take Angel out for a walk even if it is only for 15-20 minutes at a slow pace.)
- § Dogs instinctively turn around before they lay down because in the wild this action turns long grass into a bed. (Fascinating! I've watched my golden retrievers, Daisy and Angel, do this little ritual. Angel, especially, will turn around and around at least 3-5 times and then lay down. It's really cute watching her. Now I know why she does this little ritual.
- § The gestation period in a pregnant female dog is normally between 61 and 63 days, but can vary between 58 and 68 days. (I can almost guarantee that a lot of women would rather have the female dog's gestation period compared to our 270+ days, give or take depending on when the baby decides to come.) Any females out there agree??
- § Dogs have twice as many muscles for moving their ears as humans. (Very noticeable, especially when I see their ears move when they hear something outside. Their body and ears are on alert and I haven't heard anything.)
- § Puppies have 28 teeth, while adult dogs have 42 permanent teeth. (Fortunately we don't get that many extra teeth when we grow up. The puppy may not have as many teeth as their parents but what they do have is definitely sharp and can be painful when they're playing and chewing all over us – our hands, feet, etc. – they're leaving their little puppy love-bites on us.)
- § A dog's heart beats 70 to 120 times per minute, while a human heart beats 70 to 80 times per minute. (Wow, that's amazing. Does anyone reading know why that is?)
- § The hearing range of a dog is ten times farther than a human's hearing range. (This is so true for my cats, Prissy and Sassy, and my dogs, Daisy and Angel. I can be dishing up their food in my kitchen and they can hear me from outside – I can guarantee within 1 minute they'll be running in – my dogs wagging their tails and my cats meowing - ready to eat. Of course, maybe their unique smell has something to do with that as well!)
- § Dogs share nearly 90% of the same genetic content that humans do and they inherit many of the same diseases. (My special animals have experienced some of our human illnesses, but the most devastating was when my beautiful, loving golden retriever, Dusty, died of cancer almost 4 years ago. I'm sure many of you have experienced a similar situation and loss of a trusting companion.)
- § Dogs do not have an appendix or a collarbone. (Gosh, I didn't know this, how about you?)

- § A dog's nose has over 200 scent receiving cells, 44 times more than humans. (I certainly believe this one. My dog's noses barely leave the ground when we go out for their casual walk. And of course when we have visitors my dog's noses are glued to the visitor's body and clothes – there must be many delicious smells attached to this visitor. Also I'm sure their unique ability of smell is what lets them know when I am dishing up food in the kitchen.)
- § Dogs don't see the colors that humans do but instead see muted colors and many shades of gray. (I was aware of this but I don't think our dogs know the difference or really care. At least you don't have to be concerned about what color to wear around your pooch.)
- § Most dogs are lactose intolerant. (How about this one – I had no idea.)
- § The Bloodhound is the only animal whose (sniffing) evidence is admissible in an American Court of Law. (If we ever need 'sniffing' evidence in a court of law we know who to look for. Anyone reading this have a gifted Bloodhound?)
- § A dog's nose is kept moist by fluid from a gland inside his nose. This moisture helps them detect odors. (I didn't know this – I thought when their nose was dry that meant they had a fever – of course that could be true as well and during that time their sniffer isn't working as well – anyone have the answer on this one?)
- § Dogs and humans are the only animals with prostates. (New information for me – how about you?)
- The average dog's mouth exerts 150 to 180 pounds of pressure per square inch. Some dogs can apply up to 450 pounds. In comparison, a six-foot alligator exerts a force of about 1,540 pounds between its jaws. (Hint: Don't let your dog chase alligators!) (Fortunately I don't live near any alligators. Of course some of you animal lovers might live in an area where alligators may be near by, if so has your dog wanted to chase the alligators?)

I received this interesting information from “**The Barking Bulletin**” for owners who **care**. I knew that you would enjoy reading these facts about our lovable pets and that possibly you will find them beneficial. For each fact given I have added, in red, my own experience with my pets related to that particular fact. I would love to hear experiences that you have had with your special pets. Also if you've enjoyed this article please let me know as I want to send out information that you like along with my continued newsletters of insight and inspiration that support you in Living Fearless.

View my inspirational dolphin video www.thedolphinmovie.com

If you are having challenges in any area of your life and you know you need support, help, or direction, call me today for a complimentary consultation and we can talk **about what I can do for you**. joyce@unlockingyourvision.com or **858 945-4928**

Please go to my website as I have made several changes and I've added resources to support you. Please check back each week as there will be more resources added. www.unlockingyourvision.com

Contact me at joyce@unlockingyourvision.com or Phone – 858 945-4928

The golden opportunity you are seeking is in yourself. It is not in your environment; it is not in luck or chance, or the help of others; it is in yourself alone.

--Orison Swett Marden

Certified Fearless Living Coach and Certified Life Purpose and Career Coach

JoyceHenderson@FearlessLiving.org

http://www.fearlessliving.org/coach/joyce_henderson

http://www.sandiegocoaches.com/sdpca/f_mempubli.asp?memberid=1079

“Live the Life Your Soul Intended” quote by Rhonda Britten founder of the Fearless Living Institute and author of the book “Fearless Living”. www.FearlessLiving.org